



You
can
play!

THE IRISH TIN WHISTLE

THE IRISH TIN WHISTLE, A PERFECT PLACE TO START.

SIMPLE, INEXPENSIVE & ULTRA PORTABLE.

(It even fits in a briefcase with your cell phone & lunch.)

THE ABSOLUTE BEGINNERS MUSIC COURSE

8 Weekly, 1-hour sessions in the workplace.

Materials supplied for nominal cost: Irish Tin Whistle, Book & CD



Using the humble tin whistle and simple tunes we explore the mysteries behind playing music.

IF YOU'VE NEVER PLAYED AN INSTRUMENT IN YOUR ENTIRE LIFE, YOU'LL PLAY BY THE END OF THIS COURSE!

GIVE YOUR STAFF THE GIFT OF MUSIC

Music is an essential ingredient in the development of community life. Did you know for example, that folks benefit more from playing music than from merely listening to it?

The more creative we are
the more *alive* we feel!

BENEFITS

It is proven that playing music promotes healing, relaxation, and an enhanced feeling of self-worth and more:

- self-discipline
- self-expression
- self-confidence
- creativity
- problem solving
- goal setting
- memory
- concentration
- poise
- cultural awareness
- quality of life

THE ABSOLUTE BEGINNERS COURSE INCLUDES (but is not limited to):

Introduction to course materials. *50 Simple Tunes for the Tin Whistle Book*, CD & Tin Whistle

- Holding & Blowing the Whistle
- Rudiments of Music Theory
- Playing the Scale in 'D' & 'G' in Both Octaves
- Breath Control
- Perfect Practice Techniques & Habits
- Playing Simple Tunes
- Sing a Song & Play
- Tips for Home Study & Improvement
- Recommended Listening and Reading List



Séamus Duggan

was born and reared in Ireland. As a lifelong musician and ever evolving producer, performer and recording artist, Sé has facilitated music classes for adults and children

for over thirty years. Under the auspices of Sword of Light - Fine Art Music, ***You Can Play - The Absolute Beginners Music Course***, aimed primarily at the local business community, is the latest in a series of innovative music projects planned by Setanta Studios for Regina and surrounding environs.

To view course materials, discuss more details and receive the ***Free Fully Entertaining Course Outline Demo*** at your place of business, call 306.757.5630 or email info@swordoflight.org

**MUSIC IS THE HIGHEST FORM OF ART ...
HIRE IT!**

PS - The Absolute Beginners course is transferable!

**PASS IT ON TO FAMILY AND FRIENDS,
HAVE FUN DOING IT!**

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